



## **DIODE LASER POCKET TREATMENT**

**NO** HOT or SPICY foods for **24** hours

**NO** Brushing the area for **3** days

**NO** Swishing or Rinsing for **2** weeks

**NO** Flossing for **2** weeks

**NO** Sonicare toothbrush for **3** months

**NO** Waterpik for **3** months

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