



OPEN FLAP LASER SURGERY & SURGICAL PERIODONTAL POST-OP CARE

1. Do not brush the teeth for 24 hours immediately following surgery.
2. Do not **chew** on, **brush** or **floss** the treated site for **2 weeks**.
3. Do not eat or drink anything **HOT** or **SPICY** for 24 hours.
4. Avoid muscle traction and other trauma to the treated area for 3 weeks.
5. If sutures or dressing is placed the doctor will remove in 1 week.
6. After initial healing period, use a rolling-stroke method away from the gums to clean the teeth in order to minimize trauma to the gum line.
7. No Waterpik or Sonicare toothbrush for 3 months. Use manual toothbrush in surgical area.
8. Do not allow sub-gingival probing of the treated area by any dental provider until 4-6 months post-surgery.

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