Hygiene Care 6 Weeks After Pinhole (ON SURGICAL SITE)

- 1. Brush surgical site using soft toothbrush. PHB brand tooth brush is one option.
- 2. Use roll technique when brushing surgical site (from vestibule down).
- 3. Waterpik using lowest mode.
- 4. Do not use electric tooth brush for 6 months
- 5. Electric tooth brush should be held like a flute